

BULLETIN

July 5, 2024

Follow us on social media!



Attention all National Federations! We would appreciate it if you could share this bulletin with your entire Aquatic Family.

Featured Athlete:

Juan Carlos López Muñoz (COL)

Water Polo

Juan Carlos López Muñoz is the #8 player of the Colombian water polo team. He started playing water polo when he was 8 years old because he was going to swimming classes and the sport caught his attention. He has been part of the Colombian team on multiple occasions: 2 South American Championships, a South American U-16, a Pan American U-17, and a South American U-19. He just participated in the Pan American U-19 and is now part of the team that is representing his country in the U-18 World Championships.



Since he was 15 years old, he has represented his region's team, becoming champions twice. He shared with us in a recent interview that he considers these types of competitions to be an "excellent experience for each athlete because you can really see what the international level of all the teams is. For each country and each delegation, it is a very beautiful experience, and it is a very interesting training preparation for everyone."

Juan Carlos is an aquatic athlete with a lot of potential and his mentality is something that stands out.

Juan Carlos: "For a long time my goal was to represent my country in a senior category, being able to play with the greatest of my country and being able to live the experience of play in a selective senior championship."



PAQ EVENTS

July 18 – 29, 2024	2024 PanAm Aquatics MASTERS Championships, Trinidad & Tobago (TTO)	Click here for more information.
August 18 – 22, 2024	2024 PanAm Aquatics Age group ARTISTIC SWIMMING Championships, Lima (PER)	Click here for the Summons Click here to Register Click here for Entries Click here for Accommodation Click here Payment
August 22 – 25, 2024	2024 PanAm Aquatics SWIMMING Age Group Championships San Juan (PUR)	Click here for the Summons Click here to Register
August 29 – 31, 2024	2024 PanAm Aquatics Open Water Championships Ponce (PUR)	Click here for the Summons Click here to Register
November 19 – 25, 2024	2024 PanAM Aquatics Water Polo Championships Ibaguè (COL)	Click here for the Summons Click here to Register

Currently finalizing hosts for 2025 PAQ EVENTS, contact office@panamaquatics.com for more information

- Open Water Series
- Beach Water Polo Series
- U15 Water Polo Championships
- Junior Diving Championships
- High Diving Junior Championships
- Artistic Swimming Championships





Webinars, Clinics & AQUA Certification for Coaches and Technical

July 13 – 14, 2024	Open Water	Coaches	Virtual	Beginners (1-2) with Dennis Ryther	Click here to register
July 21, 2024	Artistic Swimming	Coaches	Virtual	How to correctly declare a Coach Card	Click here to register
August 17-18, 2024	Open Water	Coaches	Virtual	Beginners (3-4)	Click here to register
August 21, 2024	Swimming	Technical Officials	San Juan, Puerto Rico	Seminar with Mancer Roberts and Andrea Pineda	Click here to register
August 22 – 24, 2024	Artistic Swimming	Coaches	Lima, Peru	ACRO with Anastasiya Petrenko	Click here to register
August 23-24, 2024	Swimming	Coaches	San Juan, Puerto Rico	Long-term athlete development with Orlando Moccagatta	Click here to register
August 26 -28, 2024	Open Water	Coaches	San Juan, Puerto Rico	Coaches & Athletes Training Camp with David Thomas	Click here to register
October 9 – 11, 2024	High Diving	Coaches	Brasilia, Brazil	Level 1 (part 1)	Click here to register
October 10-12, 2024	High Diving	Technical Officials	Brasilia, Brazil	World Aquatics High Diving Certification Courses for Technical Officials Memo Program	Register with your NF
October 17, 2024	Open Water	Coaches	Virtual	Q & A with Panel of Coaching Experts	Click here to register
November 25-27, 2024	Diving	Coaches	Brasilia, Brazil	Athlete Development	Click here to register
December 7, 2024	High Diving	Coaches	Virtual	Level 1 (part 2)	Click here to register

➤ Visit the [PAQ website](#) and [PAQ YouTube](#) for all previous webinars





WORLD AQUATICS EVENTS

WATER POLO

U18 World Championships:

- Women's September 15 - 22, 2024 in China [click here](#) for the bulletin.
- Qualified Countries from the Americas:
USA, BRA, CAN, ARG, MEX

OPEN WATER SWIMMING:

World Cup Series:

1. Hong Kong October 26-27, 2024 [click here](#)
2. Israel, tbd [click here](#)

ARTISTIC SWIMMING:

SWIMMING:

Paris 2024 Olympic Games:

- Swimming: [Qualification and Selection](#)

World Cup Series:

1. Shanghai, China October 18-20, 2024, [click here](#)
2. Incheon, Republic of Korea October 24-26, 2024 [click here](#)
3. Singapore, October 31- November 2, 2024 [click here](#)

2024 World (25m) Championships Budapest

- December 10 – 15, 2024
- Qualification period August 17, 2023 - November 17, 2024
- Information [click here](#)
- [Application for Qualifying Events](#)
- [Qualifying events](#)
- [Qualification procedures](#)
- Application for Technical Officials: [Guidelines](#); [Application form](#)

DIVING

Recognized Events:

1. 2nd Malaysia Open Diving Championships, Kuala Lumpur November 1-4, 2024 [click here](#)

HIGH DIVING

Competitions:

1. Brasilia, Brazil October 11 – 13, High Diving Cup [click here](#)
2. Brasilia, Brazil, October 11 – 13, High Diving Junior World Championships [click here](#)





OTHER COMPETITIONS IN THE REGION

SWIMMING 2024 TYR Giants Open October 10 – 13, 2024 in Aruba. (Waiting confirmation to be AQUA Qualifier for World 25m Budapest) [Click here](#) for registration information

SWIMMING Puerto Rico International Open October 9 – 12, 2024 (AQUA Qualifier for World 25m Budapest). [Click here](#) for the summons.

OPEN WATER: XVIII Open wáter Pacific Cup, August 5 -10, 2024 in Salinas, Ecuador. [Summons](#)

RESOURCES FOR ATHLETES

- [AQUA Athletes Committee Toolkit](#) and all relative information for National Federations. For those that attended the webinar, kindly respond to this [survey](#) to provide your feedback.
- International Testing Agency Webinar of “Things you need to know for 2024”.
 - Webinar summary [click here](#).
 - ITA’s YouTube Page [click here](#).
 - 2024 WADA Prohibited List Article “What you need to know” [click here](#).

List of prohibited Substances and Methods published by WADA for 2024 [Click here](#)

- List the [PAQ website](#) for all previous webinars and **UNDERWATER CHATS** Athletes Series

FROM OUR PARTNERS

Fluidra:

The Olympic pool is the model par excellence in competition pools of 50 meters for swimming. When designing and building an Olympic pool, a series of rules and regulations must be complied with to ensure the correct operation of the facility. [Find out more about Olympic pools here.](#)

Malmsten:

Malmsten Lane Lines on the Road to the Olympics

SwimSwam Podcast with Mikael Orn, a 1984 Olympic medalist, proud ASU alum, and the CEO of Malmsten Inc., is now LIVE on SwimSwam and Malmsten websites and social media! Discover exclusive insights and stories on the road to the 2024 Olympics in Paris, as Mikael provides an inside look into the company and team that has provided swimming lane lines for the last ten Olympic Games!

Listen to the full podcast here: <https://malmsten.com/en-US/n/news-4/2024-06-14/malmsten-lane-lines-on-the-road-to-the-olympics>





6-8 Sports

[Check out how 6-8 is using technology and data in development of athlete's water polo skills.](#) Learn more about the [6-8 Sports Platform](#).

You can find this and past bulletins in our [website](#)



FLUIDRA

